

0 dBA



The softest sound the human ear can hear

10 dBA



Normal breathing from your own mouth

20 dBA



Background noise in an enclosed room

30 dBA



Standing outside a rural farm at night

40 dBA



A whisper from someone 5 feet away

FAINT

50 dBA



The sound of your kitchen refrigerator

60 dBA



A large business office

70 dBA



Gas lawn mower in yard 100 ft away

80 dBA



A vacuum cleaner 10 feet away

90 dBA



A train passing by in a subway

MODERATE

LOUD

VERY LOUD

100 dBA



Standing next to machinery in a factory

110 dBA



An automobile horn from just outside

120 dBA



Sirens on police vehicles, ambulances or firetrucks

130 dBA



A jet taking off from 200 feet away

140 dBA



An aircraft carrier deck

VERY LOUD

EXTREMELY LOUD

PAINFUL ACOUSTIC TRAUMA